Northern Marianas College
CURRICULUM ACTION REQUEST

Course: PY204 Personality Development

Effective Semester / Session: Spring 2024

Type of Action:

<u>X</u>   New
__   Modification
__   Move to Inactive (Stop Out)
__   Cancellation

Course Alpha and Number: PY204

Course Title: Personality Development

Reason for initiating, revising, or canceling:
This course is the result of an increased demand for additional psychology courses with the intent of creating a potential psychology specialization in the Social Sciences department. Courses focusing on personality psychology are some of the most common offerings in community colleges and therefore are readily transferable for students seeking four-year institutions.

James Kline

James Kline   Sep 22, 2023

Proposer   Date

Lorraine Maui (Sep 22, 2023 14:19 GMT+10)
Lorraine C. Maui   Sep 22, 2023

Academic Unit Head   Date

Adam Walsh   09.20.23

Language & Format Review Specialist   Date

Velma Deleon Guerrero   Sep 22, 2023

Academic Council Chair   Date

Lorraine Maui (Sep 22, 2023 14:19 GMT+10)
Lorraine C. Maui   Sep 22, 2023

Interim Dean of Academic Programs & Services   Date

1. **Department**
   Social Sciences & Fine Arts

2. **Purpose**
   This course is necessary to provide more detailed information about the link between personality and human development beyond the scope of information covered in PY101 General Psychology and PY201 Human Growth and Development. The course emphasizes the challenges associated with the development and understanding of personality as an individual progresses through the various stages of life.

3. **Description**

   A. **Required/Recommended Textbook(s) and Related Materials**
      Required:
       McAdams, D.P, & Dunlop, W.L. (2022). *The Person: A New Introduction to Personality Psychology*. New York: Wiley Publishing.

      Recommended:
      McAdams, D.P. (1993). *The Stories We Live By: Personal Myths and the Making of the Self*. New York: Guilford Press.

   B. **Contact Hours**
      1. **Lecture:** 3 per week / 45 per semester
      2. **Lab:** None
      3. **Other:** None

   C. **Credits**
      1. **Number:** 3
      2. **Type:** Regular Degree Credits

   D. **Catalog Course Description**
      This course offers a more in-depth examination of personality and its relationship to human development beyond the introductory courses of PY101 General Psychology, PY102 Abnormal Psychology, and PY201 Human Growth and Development. Concepts, issues, and theories of personality and human development are explored within the context of a multidisciplinary systems approach. The focus is on the interrelation of the development and understanding of personality from primarily a psychosocial perspective along with an emphasis upon psychological biography and narrative psychology. Prerequisites: PY101, PY102, or PY201 (Offered Fall/Spring).

E. Degree or Certificate Requirements Met by Course
PY204 fulfills the Social Sciences elective for Liberal Arts and B.S. in Business Management.

F. Course Activities and Design
Course activities include: lectures, quizzes, discussions, student presentations, essay assignments, and a final class project.

4. Course Prerequisite(s); Concurrent Course Enrollment
Prerequisites: PY 101, PY 102, or PY201 is required

Concurrent Course Enrollment: PY 101, PY 102, or PY201 can be taken concurrently with PY204.

Required English/Mathematics Proficiency Level(s)
English Placement Level: EN101
Mathematics Placement Level: None

5. Estimated Cost of Course; Instructional Resources Needed
Cost to the Student: Tuition for a 3-credit hour course, cost of the textbook, and any applicable fees.

Cost to the College: Instructor's salary and/or any additional costs to NMC.

Instructional resources needed for this course include: whiteboard, markers, projector, and computer.

6. Method of Evaluation
Student learning is evaluated on the basis of class attendance, homework assignments, quizzes, and course projects/presentations. NMC's grading and attendance policies will be followed.

7. **Course Outline**
This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

1.0   Personality Theory
    1.1   Interaction of the biological, cognitive, and psychosocial systems
    1.2   Trait theory
        1.2.1   Big 5 personality characteristics
        1.2.2   Evolutionary and biological factors
        1.2.3   Temperament
    1.3   Learning and environmental factors
        1.3.1   Parenting styles

2.0   Psychosocial Theory
    2.1   Erik Erikson's stages of human development
        2.1.1   Psychological development throughout lifespan
            2.1.1.1   Psychosocial crises and resolutions
    2.2   Social and cultural roles
    2.3   Sexual and gender identify

3.0   Humanistic Theory
    3.1   Self-esteem
    3.2   Congruence and incongruence
    3.3   Individuation and de-individuation
    3.4   Self-actualization

4.0   Personality Disorders
    4.1   Narcissistic personality
    4.2   Antisocial personality
    4.3   Borderline personality
    4.4   Paranoid personality
    4.5   Schizoid and schizotypal personality

5.0   Emotion & Motivation
    5.1   Emotional intelligence
    5.2   Intrinsic and extrinsic motivation
    5.3   Curiosity and seeking

6.0   Morality, Ethics, & Values
    6.1   Stages of moral development
    6.2   Sympathy, empathy, and pathos

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7.0   Memory
  7.1   Memory retention
  7.2   Short-term and long-term memory
  7.3   Flashbulb memories
  7.4   False and distorted memories

8.0   Psychological Biography
  8.1   The Goldwater rule
  8.2   Historical figures
  8.3   Psychological case studies

9.0   Personality & Narrative Psychology
  9.1   Storytelling impulse
      9.1.1   Prehistoric pictorial language
      9.1.2   Mythopoetic imagination

10.0   Construction of Life Narrative
  10.1   Identifying life patterns
      10.1.1 Historical context
      10.1.2 Determining life course through developmental stages
      10.1.3 Nuclear/Peak moments

11.0   Story Characters & Archetypal Figures
  11.1   Archetypal character patterns
  11.2   Mentors and influential subordinate characters

12.0   Re-evaluation & Reinvention
  12.1   Midlife crisis
  12.2   Introspection

13.0   Legacy
  13.1   Recognizing life accomplishments throughout lifespan
  13.2   Experiential transcendence and symbolic immortality
  13.3   Embracing, sharing, and preserving the story of your life

8. **Instructional Goals**
   The course will introduce students to:

   1.0   Personality theory from a multidisciplinary perspective;

   2.0   Theories associated with human development;

   3.0   Biological, evolutionary, and social influences on personality development;

   4.0   Psychosocial crises for the various stages of human development and their impact on personality throughout lifespan;

   5.0   Personality disorders;

   6.0   Constructing a life story; and

   7.0   Preserving a psychological biography through narrative storytelling.

9. **Student Learning Outcomes**
   Upon successful completion of this course, students will be able to:

   1.0   Describe basic terminology in the field of personality psychology;

   2.0   Identify various measurements used to determine personality characteristics;

   3.0   Identify the various stages of human development throughout lifespan;

   4.0   Create a personal psychological biography based upon psychosocial development; and

   5.0   Identify strategies for preserving a psychological biography.

10. **Assessment Measures of Student Learning Outcomes**
    Assessment of student learning may include, but not be limited to, the following:

    1.0   Quizzes/Tests;

    2.0   Research Assignments;

    3.0   Short Essay Assignments; and

    4.0   Oral Presentation.

PY204_M_SP24

Final Audit Report 2023-09-22

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